BARASAT GOVERNMENT COLLEGE

NAAC ACCREDITED 'A' GRADE & DST-FIST SPONSORED COLLEGE

10, K.N.C. Road, Barasat, Kolkata - 700 124, West Bengal, India

Phone: (033) 2552 3365, Fax: (033) 2562 5053, Website: www.bgc.ac.in, Email: principal@bgc.ac.in



Value Added Course B.A. Honours (Philosophy) 2023-24.

Course Code: BGCPHIVAC001/22-23

Name of the Course :- PHILOSOPHY: "A LIFE SKILL"

Course Structure: The total Value Added Course of the B.A Honours is divided into 18 lecturer sessions each of minutes (Total 33hrs.). The time span is spread over 6 days with 5.5 hrs of interactive sessions per day from 7th June to 23rd June-2023.

Programme Objective:

Philosophy is not a mere subject, rather it is a way of life. With the era of humanist thinking, philosophy as a life skill pervaded into every human speculation and enabled human existence a success. Both Indian and Western avenues to exercise and philosophy somehow aims at well-being of humanity and all other sentience of our mother Earth. Study and practice of philosophy enables and equips an individual not only to become a rational agent, but also a refined, empathetic, and balanced man. Thus, Philosophy plays a great role in our "becoming".

University syllabus, however, does not always provide the scope to unveil Philosophy as a life skill. To popularize Philosophy as life skill, Department of Philosophy, Barasat Government College introduces, for all students of this institution, a 33-hour interactive Value-added Programme on Philosophy with its multifaceted life-skill methodology.

Programme-Outcome:

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After the course, participants are expected to be benefited in various life situations by adapting and adopting different philosophical methodologies and value systems. Philosophical discussion along with interaction would enable participants in their individual decision-making system as well as equip them in participating in different social programme, improving inter-personal / inter-species relationships, coping up with the odds, living a life in ethos, and last but not the least becoming an ardent seeker of ecstasy of excellence.

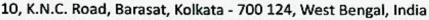
Name of the Recourse Persons and the Topic of discussion :-

- 1. Inaugural Speech: Samar Chattopadhyay (Principal) and Abhijit Dey Coordinator, IQAC.
- 2. Introduction to Theme: Dr and Associate Professor of Philosophy, Madhuchhanda Bhattacharya (Head).
- 3. Critical Thinking: Its Philosophical Basis: Arpita Neogi Sengupta, (Former Head), Department of Philosophy.
- 4. Reasoning Hand on Training: Sucheta Mitra, Assistant Professor of Philosophy, P.R. Thakur Govt. College.
- 5. Yoga philosophy: A Survey: **Debashree Dutta, Assistant Professor of Philosophy.**
- 6. Hands and Training: Dr. Subhra Talai Mukhopadhyay, Associate Professor of Botany
- 7. Unification of Karma and Bhakti Yoga in Vivekananda's Philosophy: **Dr.Balaram Das, Assistant Professor of History.**
- 8. Meditation: Dr. Nibedita Chakraborty Associate Professor of Bengali.
 - 9. Non Violence: In different ways: Antara Banerjee Associate Professor of Sanskrit.
- 10. Gendering Feminism: Anamitra Chatterjee Assistant Professor of English.
- 11. Purusartha in Theory in Practice: **Urmita Roy**, **Associate Professor of History.**
- 12. Value in Practice: Mithu Sinha Ray, Mithu Sinha Ray.
- **13.** Moksha: Liberation from the endless cycle of life, death and rebirth: **Soma Sinha**, **Faculty,Department of Philosophy**
- 14. Importance of Cardinal Virtues in our life: Debashree Dutta, Assistant Professor of Philosophy.
- 15. Trans-humanism: Madhuchhanda Bhattacharyya ,Head and Associate Professor of Philosophy.
- **16.** Emotion and its significance in Human life and How to Cope up in Odds- Counselling : **Paramita Bhattacharyya** , **Faculty, Department of Bengali.**
- 17. Personality Building with hands on Training: Paramita Bhattacharyya Faculty, Department of Bengali.



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This course is not directly related with Cross-Cutting issues but in its several discussions, aspects of Cross-Cutting issues are very much incorporated. In its course modules there are discussions of Yoga, Philosophy and Morality. Value of Non-Violence has been discussed. Purpose or Goals of our Life has been elaborated discussed from the Indian standpoint. Plato's Cardinal virtues and its importance have also been discussed. Feministic Philosophy and its significance was also a topic of discussion. Hence through this course, cross-cuttings issues like Gender Issues and Human Values have been highlighted.



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of 33 hours duration during 7th-22nd June 2023, organized by the Department of Philosophy,

Barasat Government College.

Philosophy, has successfully completed the Value Added Course on "Philosophy: A Life Skill"

Certified that Sri/Spht. Samue Biswas, of 6th Semester of the Department of



BARASAT GOVERNMENT COLLEGE, ESTD. 1950 10. K.N.C Road, Barasat, Kolkata- 700 124, West Bengal, India NAAC ACCREDITED 'A' GRADE & DST-FIST SPONSORED COLLEGE Department of Philosophy Government of West Bengal

Certificate of Participation

FAX:+91 033 2562 5053 E.mail:principal@.ac.in URL: www.bgc.ac.in

Phone: +91 033 2552 3365

Q. Duna.

Co-Ordinator, Value Added Course Department of Philosoph) [Debashree Dutta]

Department of Philosophy

[Or. Madhuchhanda Bhattacharyya]

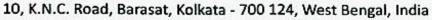
Dr. Samar Chattopadhyay Principa

Barasat Government College



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LIST OF REGISTERED STUDENTS

SL	NAME	SEM	PERCENTAGE
1	Soumili Singha	2nd	85
2	Anwesha Chatterjee	2nd	83
3	Rupa Saha	2nd	92
4	Papiya Mondal	2nd	89
5	Mishtu Dutta	2nd	92
6	Rubina Khatun	2nd	86
7	Sneha pramanik	2nd	84
8	Dipti Das	2nd	89
9	Manisa Das	2nd	83
10	Barnali Biswas	2nd	74
11	Sania Mirza	2nd	54
12	Baby Nazmun	2nd	85
13	Karima Khatun	2nd	85
14	Swapna Bapari	2nd	62
15	Lina Saha	2nd	82
16	Shibayan Nath	2nd	68
17	Souvik Sarkar	2nd	60
18	Debisa Maitra	2nd	89
19	Moumita Bera	2nd	41
20	Soumee Saha	2nd	56
21	Popy Mondal	2nd	88
22	Tanuska Das	2nd	73
23	Sneha Bhattarcharya	2nd	70
24	Pinki Khatoon	2nd	60
25	Sohana Khatun	2nd	62
26	Rishika karmakar	4 th	86
27	Sarmistha Paul	4th	85
28	Mukta sarkar	4th	87
29	Supti Saha	4th	74
30	Koyel Paul	4th	80
31	Supriti Ghosh	4th	82
32	Santana Sardar	4th	81
33	Rukhshar Aman	4th	72
34	Simi Roy	4th	63
35	Sangeeta Debnath	4th	84
36	Sneha Ghosh	4th	86
37	Riya Ghosh	4th	82
38	Mohini Moira	4th	83
39	Sarmila Barui	4th	77
40	Rafija Khatun	4th	74
41	Riya Shil	4th	84
42	Riya Biswas	4th	82



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43	Shilpa Sarkar	4th	80
44	Borno Rani Das	4th	80
45	Ananya Kushari	4th	80
46	Tina Biswas	4th	65
47	Jhantu Ghosh	4th	65
48	Sahanaz Parvin	4th	60
49	Satarupa Pal	4th	68
50	Nadira Hossain	4th	60
51	Lipika Mondal	6th	61
52	Mousumi Dutta	4th	82
53	Baishakhi Rakshit	6th	80
54	Sumee Roy	6th	63
55	Joyita Ghosh	6th	80
56	Barsha Maity	6th	62
57	Mita Paul	4th	70
58	Payel Ghosh	4th	63
59	Suraiya Parvin	2nd	73
60	Rima Kundu	2nd	60
61	Jannatun Khatun	2nd	52
62	Shobnom Sultana	2nd	50
63	Sayantika Ghosh	2nd	50
64	Payel Das	2nd	50
65	Bidisha Das	4th	58
66	Rokeya Khatun	4th	50
67	Smriti Nag	4th	58
68	Sneha Banerjee	6th	50
69	Samik Biswas	6th	60
70	Debashis Das	6th	58
71	Jannatun Khatun	6th	63
72	Dipika Kar	4th	53



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ATTENDANCE SHEET OF VALUE ADDED COURSE

DEPARTMENT OF PHILOSOPHY

SL	Name		T	
		Semest	07.0	06.23
1	Soumili Singha	er 2nd	C M. A. I	0 11. 0:0910
2	Anwesha Chatterjee		Soumili Singha.	Soumili Singho
3	Rupa Saha	2nd 2nd	Anwesha Chatterja	Anwesha Chatter
1	Papiya Mondal	2nd	Rupa Soha	Rupa Saha
5	Mishtu Dutta	2nd	Jariya Mondal	Pariza Mondal
6	Rubina Khatun	2nd	Mishta Dutta	Mishth Dutta
7	Sneha pramanik	2nd	Rubing Khatun	Rubina Khatun
8	Dipti Das		Sneko Romaniko.	Gne ho Francons C
9	Manisa Das	2nd	Dipto Das.	Dipti Das.
10	Barnali Biswas	2nd	Manisha Das.	Manisha Xas
11	Sania Mirza	2nd	Barchali BISMON	Barchali Biswa
12	Baby Nazmun	2nd 2nd .	Sania Minza Baby Nazmun	Sanja Minza
13	Karima Khatun			Baby Nazmer
14	Swapna Bapari	2nd	Kaorima Khatun	Kazima Khatun.
5	Lina Saha	2nd	Suapra Bapare	Swapna Bapari
16	Shibayan Nath	2nd	Lina Saha.	Lina Saha.
17	Souvik Sarkar	2nd	Shibayam Nath	Shibayan Nath
8	Debisa Maitra	2nd 2nd	Souvik souhkah	Souvik sabka
19	Moumita Bera	2nd 2nd	Debiga Maitra	Debisa Maitra
20	Rima Kundu	2nd 2nd	Moumita Dena	moumita Bera,
21	Soumee Saha	2nd 2nd	Rima kundu	Rîma Kundu.
22	Popy Mondal	2nd	Soumee Saha Paran Maria	Soumeesaha
23	Jannatun Khatun	2nd	Popy Mandal	Popy Mandal
24	Shobnom Sultana	2nd	Stobnom Sulfana	etan ratur Khati
25	Tanuska Das	2nd		shobrow Sulta
26	Sayantika Ghosh	2nd	Taruska Das	Januspa Das
	Papri Kansabanik	2nd	Soyantika Ghosh Papri Komsabanik	Soyantika Gharl
	Payel Das	2nd	Payel Das	Papri Kansabanik
	Sneha Bhattarcharya	2nd		Payel Das
_	Pinki Khatoon	2nd		Sneha Bhattachar
-	Sohana Khatun	2nd	Pinki Khatoon	Pinki khatoon
_	Rishika karmakar	4 th	Sohara Khafum	Sahana Khafom
	Sarmistha Paul	4th	Rishika Karemakar	Rishika Karima
-	Mukta sarkar	4th	Sorgifistha, Papl. Meekto Sarkar	Sarmisthy Paul
-	Supti Saha			-Merkter Barka
-	Oupli Galla	4th	Supti Saha	Supti of alan



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SL : Name		Semes	07.	06.23	
6	Koyel Paul	er		Koyel Paul,	
7	Supriti G	4th	Koyel Paul	Koyel Paul,	
8	Supriti Ghosh	4th	Supriti Ghash	The state of the s	
39	Santana Sardar	4th	Samlana Sordan	San-lana Sarde	
10	Bidisha Das	4th	Bidisha Das	Bidisha Das	
11	Rukhshar Aman	4th	Rukhshar Aman	Kukhshar Amar	
12	Simi Roy	4th	Similar	Simi Roy	
13	Sangeeta Debnath	4th	Sangeeta Debnoth	Sangeeta Debrath	
14	Sneha Ghosh	4th	Sneha Gehogh	Sneha Gehogh	
15	Riya Ghosh	4th	Riya Ghosh	Riya Ghosh	
16	Mohini Moira	4th	Mohini Maira	Mohini Maira	
_	Sarmila Barui	4th	Garmila Barcie	Garmela Barcie.	
17	Rafija Khatun	4th	RatiJa khatun.	Rafija khatur.	
18	Riya Shil	4th	Riya Shel	Regashel	
194	Ziro Bismas Priyor Bisway	4th	Proign Bisway	forger Bisway	
00	Shilpa Sarkar V	4th	Shilpa Smxan	Ship Barkan	
51	Borno Rani Das	4th	Bonnol Rani Das	bonto pari Das	
52	Ananya Kushari	4th	Ananya Kushari	Ananya Kushari	
53	Rokeya Khatun	4th	Rokeyewhatem	Roxeya phatum	
54	Tina Biswas	4th	Tina Biswas	Tina Biswas	
55	Jhantu Ghosh	4th	Thantu Ghosh	Thantu Whosh	
56	Prerana Pul Chowdhury	4th	Rownona Pal Chowdhwy	Presana Pol Cloud Lucus	
7	Sahanaz Parvin	4th	Sahanaz Parrin.	Sofanoz Parrin.	
_	Satarupa Pal	4th	Satarupa Par	Satarupa Pay	
_	Rupsa Roy	4th	Rupsa Roy	Rupsa Roy	
_	Nadira Hossain	4th	Nadira Hossain	Nading Hossain	
_	Smriti Nag	4th	Smouti Nag	Smriti Nag.	
	Lipika Mondal	4th		0	
	Mousumi Dutta	4th	Mousumi Dutta	Mousumi Dutta	
4	Baishakhi Rakshit	6th	Baishakhi Rakshif	Baishakhi Rakshit	
5	Sumee Roy	6th	Sumee ROH	Sumee KOH	
6	Sneha Banerjee	6th	Sucha Banonill	Suha Bounice	
7	Samik Biswas	6th	Sanin ricon		
8	Joyita Ghosh	6th	Joyita Chesh.		
_			Borsha Maily	Borel . N 's	
-				Barsha Maity	
_	1 - 11/	6th	Lipika Mondel	Lipika Mondal	
2	> Prolyn Blowas	4th	Proiga Bisway	Iniga Biswa	